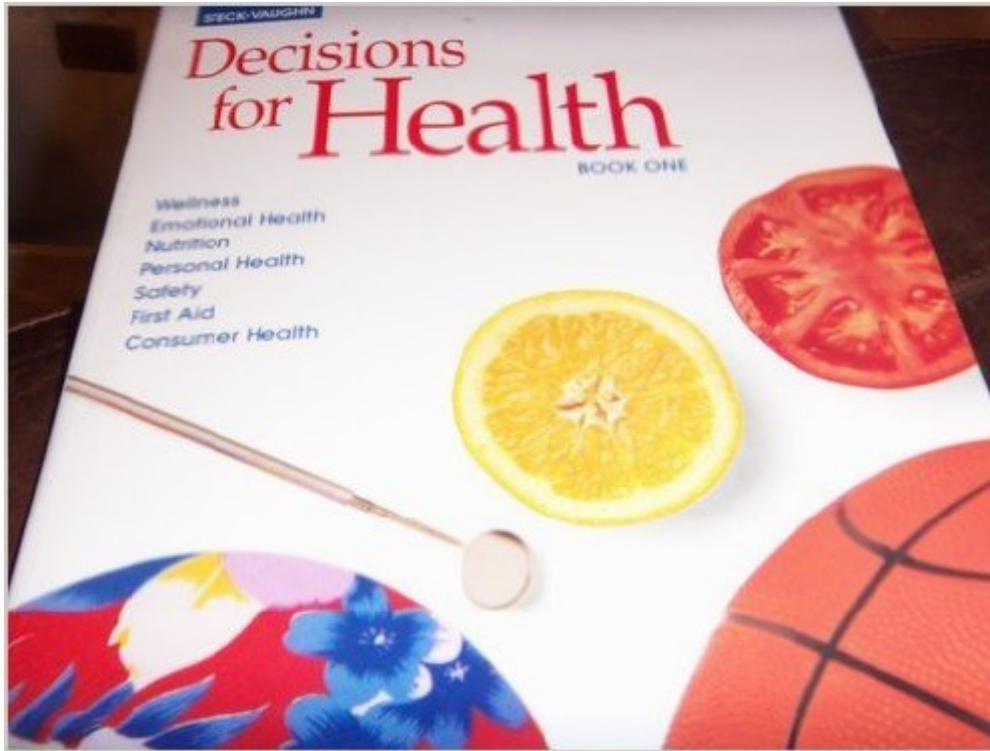


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# Decisions For Health: Student Workbook Book One



## Synopsis

This affordable health text series for limited readers provides relevant information and a decision-making model to help students make educated life choices. This is an easy-to-read alternative to standard health texts.

## Book Information

Series: Decisions for Health

Paperback: 160 pages

Publisher: STECK-VAUGHN; 1 edition (January 1, 1993)

Language: English

ISBN-10: 0811433005

ISBN-13: 978-0811433006

Product Dimensions: 8.3 x 0.3 x 10.8 inches

Shipping Weight: 10.4 ounces

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #1,113,854 in Books (See Top 100 in Books) #125 in [Books > Education & Teaching > Schools & Teaching > Instruction Methods > Health](#) #6043 in [Books > Health, Fitness & Dieting > Nutrition](#) #26885 in [Books > Textbooks > Education](#)

## Customer Reviews

I previewed this book while substituting in an elementary class. Neither too elementary nor too difficult, can be tailored to children from eight to fifteen years. My own second grade class will be doing a unit on nutrition and I also wanted to introduce the idea of good hygiene. This book has units on all the necessary practices to ensure a healthy body and mind, plus there are test questions at the end of each chapter. A must for elementary teachers and great for parents.

We used this set to fulfill homeschool high school Health requirement. It was easy to read and follow. I recommend this for a student who merely needs the health requirement, and is not interested in a health industries career. I would say the reading level is at about 6th grade.

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